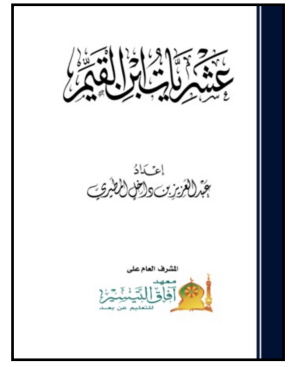


# عشریات ابن القيم



#1

16 ذو القعدة 1439  
29.6.18

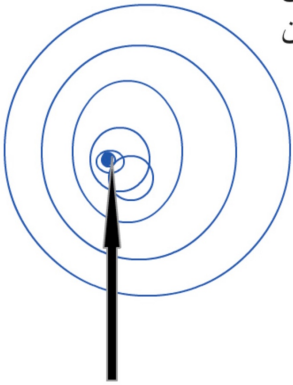


There is a path which will take you to Allah, and this knowledge is called علم السلوك, knowledge of the path. This path will take you close to Allah, and Jannah.

Ibn Al-Qayyim رحمه الله tells us ten ways to be on this path. Knowledge must not be separated from life. It is important for the seekers of this path to Allah, to apply their knowledge. When the seekers of this path stay on this path, they will be able to worship Allah in the best way. The knowledge must not only be theory, it must be put into practice.

The knowledge of the path, علم السلوك, cures the hearts of sicknesses, making you understand how to reform your heart. It will teach you how to strive against yourself, purify your heart, protect and defend yourself from the plots of the shaitan, how to react to trials and tribulations. It will also show you the ways of protection.

اعلى مراتب الدين  
الاحسان



You will face challenges on the way to Allah. There will be obstacles : your own weaknesses, people, the shaitan, enemies....There are specific ways to attain the goal. Your actions must come from your heart, driven by your taqwa and love of Allah.

Your goal must be the highest rank in deen, which is ihsan. This is the target you must strive for, even if you don't achieve it perfectly. There are 10 ways to attain 10 jewels.

## ★ Ten ways to Attain the Love of Allah



① Reading the Qura'an while pondering and reflection, understanding the meaning and wisdom behind it.

There are so many verses of the Qura'an which speak about pondering upon the Qura'an.



كُنْ أَنْزَلْنَاهُ إِلَيْكَ مُبْرَكًا لِيَتَذَكَّرُوا أَيْتِيهِمْ وَيَتَذَكَّرُوا

[This is] a blessed Book which We have revealed to you, [O Muhammad], that they might reflect upon its verses and that those of understanding would be reminded.

الْأَلْبَابِ ﴿٢٩﴾

38:29

When you read the Qura'an with the belief that it is comprised of the words of Allah, it will reform you.

② Draw close to Allah with voluntary worship, after fulfilling the obligatory worship. The obligations are the most beloved to Allah, and must be fulfilled first. The voluntary worship will help you attain the highest level of the love of Allah.

At the same time, you cannot invent a worship, as this is an innovation or bid'ah', which is a sin, and will be rejected. The worship must be based upon the sunnah, the way of the Messenger of Allah صلى الله عليه وسلم.



The adhkar must also be legislated by the sunnah. This remembrance can also be only in the heart, when you see the manifestations of the names of Allah, and His attributes. The dhikr gives values to the worship. This is why it is so important. All acts of worship are for the remembrance of Allah. This needs application.

④ You must give preference to what Allah likes over what you desire. When you seek the path to Allah, you will have desires, things that you want. These desires can overpower you. At this point, when they are so intense, you must prefer what Allah wants, and suppress your desires.

For instance, you love voluntary salah, but your mother needs you, so you must attend to her needs first, because this is what Allah loves more.



③ Remember Allah constantly, in all situations which you face. Remembrance can be with the heart, the tongue, and with outer actions. Your share of the love of Allah depends upon your dhikr. The more dhikr you do, the more love of Allah you attain. When you remember Allah, He remembers you.

فَاذْكُرُونِي أَذْكَرْكُمْ وَأَشْكُرُوا لِي وَلَا تَكْفُرُونِ ﴿١٥٢﴾

*So remember Me; I will remember you. And be grateful to Me and do not deny Me.*

2:152



⑤ Your heart must study the names and attributes of Allah, as if you are in a garden of this knowledge, partaking of its delights. Think of the beauty of the names and attributes of Allah, reflect upon them, immerse your heart in them. This worship is mostly of the heart. When you learn about Allah, you will surely love Him. The act of reflection, looking with your heart, will produce love

6 Observe the goodness, excellence and blessings of Allah, apparent and hidden. All the actions of Allah are perfect. They all have the impacts of blessings. The way to Allah is not only running forward, it is also sitting and reflecting and observing. Thinking of the actions of Allah and His blessings is also a form of movement forward.

وَأَتَاكُمْ مِنْ كُلِّ مَا سَأَلْتُمُوهُ وَإِنْ تَعُدُّوا نِعْمَتَ اللَّهِ لَا تَحْصُوهَا إِنَّ الْإِنْسَانَ لَظَلُومٌ كَفَّارٌ ﴿٣٤﴾

**And He gave you from all you asked of Him. And if you should count the favor of Allah, you could not enumerate them. Indeed, mankind is [generally] most unjust and ungrateful.**

14:34



8 Be alone with Allah at the time when He descends to the first heaven, the last one third of the night. Recite the Qura'an, repent to Allah, and ask His forgiveness. Remove all distractions at this special time. Wait for this private time with Allah.



7 Your heart must feel humble and broken before Allah. This may be perceived by society as a negative feeling, but with Allah, it is positive. You must feel so small and imperfect, full of faults, and believe that only Allah can fix your shortcomings. Allah knows all your secrets, your weaknesses and faults. It is not easy to make yourself so small and broken.

This is the heart of a slave in front of his Master. The slave will not expose his faults in front of others, but will ask Allah to conceal them, because he knows that Allah can see his reality. This is why, though there are so many takers in other acts of worship, very few will enter through this door.



9 Accompany the truthful people. Take the best of their words. Don't speak unless your words are beneficial, and have a good intention when you speak. Guard your tongue.

All these actions will change you.

10 Avoid anything which obstructs your heart and comes between you and Allah. Remove anything which disturbs your connection with Allah, and your peace of mind. This depends on the situation. Imagine two friends sitting together and a third person forcing himself in between them.

This needs determination and an open heart, mind, and eyes. Improvement comes with actions.

