

# Rules for Life from the Qura'an

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## القاعدة السابعة والأربعون

وَمَنْ يُؤْمَرْ بِاللَّهِ يَهْدِ اللَّهُ قَلْبَهُ  
*And whoever believes in Allah - He will guide his heart*  
 64:11



1 قاعدة قرآنية نحن في حاجة اليها خاصة بالابتلاء بالمصائب

2 ما من مصيبة في النفس او المال او الولد او الاقارب

مَا أَصَابَ مِنْ مُصِيبَةٍ إِلَّا بِإِذْنِ اللَّهِ وَمَنْ يُؤْمِنْ  
 بِاللَّهِ يَهْدِ اللَّهُ قَلْبَهُ وَاللَّهُ بِكُلِّ شَيْءٍ عَلِيمٌ

No disaster strikes except by permission of Allah . And whoever believes in Allah - He will guide his heart. And Allah is Knowing of all things.

سورة التغابن  
 64:11

بقضاء الله و قدره

- 1 العلم
- 2 الكتابة
- 3 المشيئة بالحكمة
- 4 الخلق

We need this principle when we are going through trials and afflictions. Any kind of problem, whether it is from yourself, or your children and other relatives, is decreed by Allah. Allah knows what is best for you, and He already wrote it in the Preserved Tablets.

There are four stages of the decree.

- ✿ The knowledge of Allah
- ✿ The writing in the Preserved Tablets
- ✿ The will and wisdom of Allah to make it happen
- ✿ The creation of the means to make it happen

The slave is required to do two things when he faces a difficulty.

- ✿ It is obligatory upon him to be patient, and submit to the will of Allah. This shows obedience to the decree of Allah.
- ✿ If the slave wants to be elevated, it is recommended that he be pleased with the decree.

This is a higher level of worship than sabr, and depends on your level of faith. The guidance of your heart is connected to your belief. When you are patient and pleased with a decree, your heart will be guided to the best actions. Your faith is the input, and the output is the guidance of your heart, which is an action of Allah.

3 على العبد في المصائب



4 تعليق هداية القلب على الايمان

ومن يؤمن بالله يهد قلبه

What is the meaning of the guidance of the heart? The Sahabah and scholars described it in different ways.

ما معنى يهد قلبه؟

✿ Ibn 'Abbas said Allah will guide the heart of the slave to the certainty that whatever happened could not have missed him, and whatever he didn't get was never meant for him.

1 ابن عباس ←

يهد قلبه لليقين فيعلم ان ما اصابه لم يكن ليخطئه  
و ان ما اخطاه لم يكن ليصيبه

✿ 'Alqamah bin Qais said that the slave will know that whatever happened to him was from Allah, and he will submit to it, and be pleased with it.

2 علقمة بن قيس ←

يعلم انها من عند الله فيسلم لها و يرضى

✿ Abu Uthman said the one who has the correct belief, Allah will guide his heart to follow the sunnah.

3 ابو عثمان ←

من صح ايمانه هدي قلبه لاتباع السنة

✿ 'Ikramah said that the heart of the one who believes will be guided to be at rest and tranquil.

4 عكرمة ←

ومن يؤمن بالله يهدأ قلبه  
يسكن و يطمئن

This principle nurtures and reforms the heart to submit to the decree of Allah. One of the greatest aids to accept the trials with tranquility and ease is faith in Allah. This comforts the heart. So we see someone in such trouble, but his heart is at rest. He believes that Allah chose this trial for him, so it is the best for him. This belief is so comforting.

7 دلالات هذه القاعدة

A تربية القلب على التسليم لاقدار الله

B اعظم معين على تلقي المصائب بهدوء و طمأنينة



الايمان بالله

C علاج المصائب

D الامل و التفاؤل

This principle is a remedy for all the problems of life, it gives so much hope and positivity. These feelings come with belief. The higher the level of belief, the more positivity will be found. Weak belief brings depression.

