

## القاعدة الحادية والأربعون

وَمَا أَصَابَكُمْ مِنْ مُصِيبَةٍ فَبِمَا كَسَبَتْ أَيْدِيكُمْ وَيَعْفُو عَنْ كَثِيرٍ  
*And whatever strikes you of disaster - it is for what your hands have earned; but He pardons much.*

سورة الشورى

42:30

Everything in the universe shows the wisdom and ability and power of Allah. All the moving creatures on earth are signs of Allah; they are all for the benefit of Allah, and He is Able to gather them on the Day of Judgement.



What is the cause of your calamities? You yourself. This fact is difficult to accept, but is the reality, because Allah said it. If any problem strikes you, or anything that you love is taken away, you are the cause of it, what your hands have earned. Your sins are manifest in the form of your problems.

The majority of our sins are forgiven, only a few are left to befall us in the form of calamities. This is the mercy and generosity of Allah. If all the sins that we did struck us, then no one would remain on earth.

Allah has power over you; you can't escape it, nor disable it. None can help or protect you against the power of Allah.

There are many ayaat in the Qura'an which have similar meanings to this principle.

أَوَلَمَّا أَصَابَكُمْ مُصِيبَةٌ قَدْ أَصَبْتُمْ مِثْلَهَا قُلْتُمْ أَنَّى هَذَا قُلْ هُوَ مِنْ عِنْدِ أَنْفُسِكُمْ إِنَّ اللَّهَ عَلَىٰ كُلِّ شَيْءٍ قَدِيرٌ ﴿١٦٥﴾

**Why [is it that] when a [single] disaster struck you [on the day of Uhud], although you had struck [the enemy in the battle of Badr] with one twice as great, you said, "From where is this?" Say, "It is from yourselves." Indeed, Allah is over all things competent.**

سورة آل عمران

3:165

When an affliction strikes you, you wonder why. But it is actually because of your deeds. Your sins bring the decree of tribulations. You may accuse others, or jealousy and magic, but the truth is that you bring your problems upon yourself.

إما اصاب العباد من مصائب في الاموال و  
 الاولاد و الابدان

بسبب السيئات

يعفو الله عن اكثر السيئات

2

هو من عند انفسكم

3

وما اصابك من سيئة فمن نفسك

تصيبهم مصيبة بما قدمت ايديهم

وما كنا مهلكي القرى الا و اهلها ظالمون

ظهر الفساد في البر و البحر بما كسبت ايدي الناس

4 ان الله ان الله لم يهلك او يعذب الا بذنب

5 لمن يهلك فمن وجد خيرا فليحمد الله و من وجد غير ذلك فلا يلومن الا نفسه

سيد الاستغفار

6

اني ظلمت نفسي ظلما كثيرا

7

ولا يغفر الذنوب الا انت فاغفر لي

مغفرة من عندك و ارحمني انك انت

الغفور الرحيم

الحقيقة الشرعية

8

الذنوب سبب للمصائب

**What comes to you of good is from Allah , but what comes to you of evil, [O man], is from yourself. And We have sent you, [O Muhammad], to the people as a messenger, and sufficient is Allah as Witness.**

سورة النساء

4:79

All the good is from Allah, and all the evil is a consequence of your own sins.

مَا أَصَابَكَ مِنْ حَسَنَةٍ فَمِنَ اللَّهِ وَمَا أَصَابَكَ مِنْ سَيِّئَةٍ فَمِنْ نَفْسِكَ وَأَرْسَلْنَاكَ

لِلنَّاسِ رَسُولًا وَكَفَى بِاللَّهِ شَهِيدًا ﴿٧٩﴾

**And if not that a disaster should strike them for what their hands put forth [of sins] and they would say, "Our Lord, why did You not send us a messenger so we could have followed Your verses and been among the believers?"...**

سورة القصص

28:47

وَلَوْلَا أَنْ تُصِيبَهُمْ مُصِيبَةٌ بِمَا قَدَّمَتْ أَيْدِيهِمْ فَيَقُولُوا رَبَّنَا لَوْلَا أَرْسَلْتَ إِلَيْنَا رَسُولًا فَنَتَّبِعَ آيَاتِكَ وَنَكُونَ مِنَ

الْمُؤْمِنِينَ ﴿٤٧﴾

All your problems are due to your deeds.

**And never would your Lord have destroyed the cities until He had sent to their mother a messenger reciting to them Our verses. And We would not destroy the cities except while their people were wrongdoers.**

سورة القصص

28:59

وَمَا كَانَ رَبُّكَ مُهْلِكَ الْقُرَى حَتَّى يَبْعَثَ فِي أُمَمٍ رَسُولًا يَنْوَلُوا عَلَيْهِمْ

ءَايَاتِنَا وَمَا كُنَّا مُهْلِكِي الْقُرَى إِلَّا وَأَهْلُهَا

ظَالِمُونَ ﴿٥٩﴾

Allah will only destroy a nation when the people are oppressive and unfair.

**Corruption has appeared throughout the land and sea by [reason of] what the hands of people have earned so He may let them taste part of [the consequence of] what they have done that perhaps they will return [to righteousness].**

سورة الروم

30:41

ظَهَرَ الْفَسَادُ فِي الْبَرِّ وَالْبَحْرِ بِمَا كَسَبَتْ أَيْدِي النَّاسِ لِيُذِيقَهُمْ

بَعْضَ الَّذِي عَمِلُوا لَعَلَّهُمْ يَرْجِعُونَ ﴿٤١﴾

The corruption in the universe is a consequence of the sins of the people.

From all these ayaat, we see that anything negative, even in the environment, is because of our sins. Even the non living things are affected by the corruption of the sins of the people. The sins pollute the universe.

Ibn Taymiyyah رحمه الله said that Allah has reiterated that He will not punish anyone except for their sins. Even a headache is the consequence of your sins.

Anything good is from Allah, so praise Him when you find something good on your life. If there is anything negative in your life, don't blame anyone but yourself. Most people will blame everything else but themselves.

The best way to ask the forgiveness of Allah is by the du'a called **سَيِّدُ الْإِسْتِغْفَارِ**, in which the slave confesses his sins, showing his gratitude for the many blessings which Allah bestowed upon him, and admitting that the slave himself is the cause of all the evil which comes his way. This du'a is part of the morning and evening supplications. Whoever recites it in the morning, with faith, and dies before evening, he will go to Jannah. In the same way, whoever recites it in the evening, and dies during the night, will go to Jannah.

The Messenger of Allah صلى الله عليه وسلم said, that Allah the Exalted said, in a Hadith Al-Qudsi :  
يا عبادي إنما هي أعمالكم أحصيتها لكم، ثم أوفيكم إياها، فمن وجد خيراً فليحمد الله، ومن وجد غير ذلك فلا يلومن إلا نفسه

O My slaves, it is but your deeds that I reckon for you and then recompense you for, so let him who finds good (i.e., in the Hereafter) praise Allah and let him who finds other than that blame no one but himself.

رواه مسلم ، رياض الصالحين ، كتاب #1 ، حديث #111

(Part of a longer hadith)

The Messenger of Allah صلى الله عليه وسلم said :  
The most superior way of asking for forgiveness from Allah is:

اللَّهُمَّ أَنْتَ رَبِّي، لَا إِلَهَ إِلَّا أَنْتَ، خَلَقْتَنِي وَأَنَا عَبْدُكَ، وَأَنَا عَلَى عَهْدِكَ وَوَعْدِكَ مَا اسْتَطَعْتُ، أَعُوذُ بِكَ مِنْ شَرِّ مَا صَنَعْتُ، أَبُوءُ لَكَ بِنِعْمَتِكَ عَلَيَّ وَأَبُوءُ لَكَ بِذُنُوبِي، فَاعْفِرْ لِي، فَإِنَّهُ لَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ

O Allah, You are my Lord, there is no god but You. You have created me and I am Your slave and I am keeping my promise and covenant to You as much as I can. I seek refuge with You from the evil of what I do. I acknowledge Your blessing and I acknowledge my sin, so forgive me, for there is none who can forgive sin except You.

وَمَنْ قَالَهَا مِنَ النَّهَارِ مُوقِنًا بِهَا، فَمَاتَ مِنْ يَوْمِهِ قَبْلَ أَنْ يُمْسِيَ، فَهُوَ مِنْ أَهْلِ الْجَنَّةِ، وَمَنْ قَالَهَا مِنَ اللَّيْلِ وَهُوَ مُوقِنٌ بِهَا، فَمَاتَ قَبْلَ أَنْ يُصْبِحَ، فَهُوَ مِنْ أَهْلِ الْجَنَّةِ

If somebody recites it during the day with firm faith in it, and dies on the same day before the evening, he will be from the people of Paradise; and if somebody recites it at night with firm faith in it, and dies before the morning, he will be from the people of Paradise.

صحيح البخاري ، حديث #6306

Abu Bakr As-Siddiq رضي الله عنه said to the Messenger of Allah صلى الله عليه وسلم :

O Allah's Messenger, teach me an invocation with which I may invoke Allah in my prayers. The Messenger of Allah

صلى الله عليه وسلم said :

قُلِ اللَّهُمَّ إِنِّي ظَلَمْتُ نَفْسِي ظُلْمًا كَثِيرًا، وَلَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ، فَاعْفِرْ لِي مِنْ عِنْدِكَ مَغْفِرَةً، إِنَّكَ أَنْتَ الْغَفُورُ الرَّحِيمُ

Say: O Allah! I have wronged my soul very much (oppressed myself), and none forgives the sins but You; so please bestow Your Forgiveness upon me. No doubt, You are the Oft-Forgiving, Most Merciful.

صحيح البخاري ، حديث #7387, 7388

It is a legislated reality that we are the cause of our own problems. We must accept this fact, even though it is difficult for us.

You have only yourself to blame for your problems, so search within yourself for the reason. The best thing to do is to seek the forgiveness of Allah.

One of the matters which lead the slave to be patient, and be leader in deen, is to look at your sins. A tyrant may also be placed upon you because of your sins, and people will have no respect for you. This fact is very painful, but don't let the guilt keep you down. Run to Allah for forgiveness.

Ali bin Abu Talib said a slave should have hope only with Allah. He should not trust his ability and intelligence. Don't fear anything but your sins, and seek the forgiveness of Allah quickly.

Any calamity that befalls you is a consequence of your sins, and it won't be lifted except by repentance.

9 العاقل يبدأ بنفسه و لا يلوم غيره

1 الامور التي تورث العبد الصبر و تعينه ليبلغ مرتبة الامامة في الدين



يشهد ذنوبه وان الله سلط الناس عليه بسبب ذنبه

\* 11 لا يرجون عبد الا ربه

ولا يخافن عبد الا ذنبه

\* ما نزل بلاء الا بذنب ولا رفع الا بتوبة

