

The power of Allah is absolute and perfect. The power of everything is limited, and transitory. Allah also gave power to certain actions. In this way, faith and righteous good deeds wield great power and energy; they are the means to a power to worship Allah.

Faith and taqwa result in showers of blessings. Metals soften, animals and inanimate things glorify Allah, by the strength given to them.

وَلَقَدْ آتَيْنَا دَاوُودَ مِنَّا فَضْلاً ۖ يَا جِبَالُ رُبِّي مَعَهُ وَالطَّيْرَ<sup>\*</sup> وَأَلَنَّا لَهُ الْحَدِّيدَ And We certainly gave David from Us bounty. [We said], "O mountains, repeat [Our] praises with him, and the birds [as well]." And We made pliable for him iron سورة سبأ 34:10

The Messenger of Allah prohibited صلى الله عليه و سلم out of ,his Companions mercy for them from observing continuous fasting

without a break. They said : But you observe fast continuously. He replied : I am not like you. I spend the night while my Rabb provides me with food and drink.

نهاهم النبي صلى الله عليه وسلم عن الوصال رحمة لهم، فقالوا: إنك تواصل؟ قال: "إني لست كهيئتكم، إني أبيت يطعمني ربي ويسقيني متفق عليه ، رياض الصالحين ، كتاب # 1، حديث #23

Allah has bestowed upon him the power of endurance like that of a

person who eats and drinks. The power given to us by Allah is what makes us fast day after day, worshipping Him, not food and drink.

إِذْ تَسْتَغِيثُونَ رَيَّكُمْ فَاسْتَجَابَ لَكُُمْ أَنِّي مُمَدِّكُم بِٱلْفٍ مِّنَ الْلَلَائِكَةِ [Remember] when you asked help of your Lord, and He answered you, "Indeed, I will reinforce you with a thousand from the angels, following one another." سورة الأنفال 8:9

Allah is the One to give power to the fire, to burn and destroy, and He can change its natural inclination if He so wishes.

The reliance of Ibraheem upon Allah was so powerful, Allah changed the physical characteristic of fire, making it cool and safe.

Before the Battle of Badr, the Prophet Mohammad صلى الله عليه و سلم invoked Allah قُلْنَا يَا نَارُ كُونِي بَرْدًا وَسَلَامًا عَلَىٰ إِبْرَاهِيمَ Allah said, "O fire, be coolness and safety upon Abraham." سورة الأتبياء 21:69

intensely. This dua was the means to give him energy. Allah helped the Muslimeen by sending thousand angels to help them fight the multitude of disbelievers.

Physical power is nothing compared to spiritual energy.

## Spoonful of Joy القوة #1

الله هو القو*ي* Allah is the Most Powerful Allah is the Creator of power

Allah created the heavens and the earth, and gave certain things power and energy according to His wisdom. So the sky, mountains, metal, etc have power according to their needs, given to them by Allah.

وَلَوْ أَنَّ أَهْلَ الْقُرَىٰ آمَنُوا وَاتَّقَوْا لَفَتَحْنَا عَلَيْهِم بَرَكَاتٍ مِّنَ السَّمَاءِ وَالْأَرْضِ And if only the people of the cities had believed and feared Allah, We would have opened upon them blessings from the heaven and the earth سورة الأعراف 7:96